

ARNOLD & HENDERSON

SUMMER LUNCH

Bowls of

Radish, Artichoke, Tomato, Beetroot, Green Beans, Yellow Beans, Little Gem,
Chicory, BBQ Cauliflower, Peas,
Marinated Peppers, Capers & Olive Oil
Sardines Escabeche
Deep Fried Rabbit Leg
Salt Cod
Snails, Garlic & Bread Crumbs

LUNCH

BBQ

Seabass

Leg of Lamb & Green Sauce
Scallops in their Shells & Chilli
Corn on the Cob

Mixed Greens & Lemon
Courgettes, Fresh Borlotti & Mint
Aubergine, Tomato & Red Wine
Pea, Broad Bean, Fennel & Pecorino Salad
Green Salad

PUDDING

Polenta, Ricotta & Almond Cake
Torta Della Nonna
Elderflower & Raspberry Jelly
Meringues
Strawberry Ice Cream
Chocolate Ice Cream
Strawberries
Peaches
Biscotti

Rochelle Canteen Rochelle School Arnold Circus London E2 7ES
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VAT Registration No. 867 5064 92

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WINTER PRESS DAY

BREAKFAST

Poached Fruit, Granola & Yoghurt
Avocado & Togarashi Soldiers
Boiled Egg
Banana Bread
Fresh Fruit

LUNCH BUFFET TABLE

Brown Rice Balls
Smoked Haddock & Potato Chowder
Roast Duck Leg, Cucumber, Lentil & Rocket Salad
Roast Tomato, Little Gem & Anchovy Salad
Chicory, Radish & Turnip Salad
Pumpkin, Greens & Barley
Braised Fennel & Chard
Roast Beetroot, Red Onion, Watercress & Soft Boiled Egg
Sourdough Bread

AFTERNOON TEA

Stewed Apples & Yogurt
Carrot Cake
Corn Bread Muffin
Turkish Coffee Cake
Lemon Cake
Brownies

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